

WORKSHOPS

The Edge of the World Festival acknowledges the support of the Northern Development Initiative Trust and Gwaii Trust for the presentation of these workshops.



SATURDAY

- 10:30** **COME HOME IS YOUR HEART**
- **KIKI VANDER HEIDEN**
Join Kiki for a dynamic, uplifting yet calming Kundalini Yoga and meditation sequence to open the heart and increase compassion.
- 11:30** **SPOKEN WORD POETRY SLAM**
Explore spoken word poetry with regional and local poets, Audrey Lane Cockett & Alexis Koome, Johnny MacRae, Shayne Greg & Earl July.
- 13:30** **FIRST PEOPLES CULTURAL COUNCIL**
The Arts Team will share with artists the grant programs and funding opportunities we offer at the First Peoples Cultural Council.
- 15:30** **DOWN TOWN MISCHIEF**
Come join us for an intro to Funk-ing Meeting.
- 16:30** **MARK PERRY**
Songwriting pros and cons.
- 18:30** **TWIN PEAKS**
Join female songwriters in the round sharing and collaborating together.
- 19:30** **TOBIN FRANK- ME AND SQUEEZY MCGEE**
Come explore the idea of the accordion as a "colour" instrument. Sing-songwriters and accordionist are welcome to come and join in to make music.

SUNDAY

- 10:30** **TEJA RAVI KAUR**
Kundalini Yoga class awakening your energy potential.
- 11:30** **MAMA MIHIRANGI & THE MAREIKURA**
The Women's Haka is a traditional dance that invokes and expresses a women's potency, their power, virtues, culture, lore and sacredness. Participants will learn the calls, actions, words and their history, meaning, traditions, protocols and power.
- 13:30** **KUNG JAADEE (ROBERTA KENNEDY)**
Learn the Xaad Kil (Haida) Language through story-telling and song. Bring your voice and have some fun!
- 14:30** **EVERYONE HAS A SONG IN THEM**
- **ASHLEIGH BALL**
Explore the evolution of song-writing and discover clues in everyday life to find the songs inside using song from "gold in you."
- 15:30** **SONGWRITING WITH SISTER SAYS**
Participants will learn the key elements of songwriting by covering the basics of singing, song structure, lyric writing, chords, rhythm and timing. The workshop will culminate in creating a song together!
- 16:30** **JESSE ROPER**
Learn how to write and groove with "happening" music.